

**MHBG American Rescue Plan Act of 2021 (ARPA) Funding
(expended by September 30, 2025)**

The American Rescue Plan Act of 2021 (ARPA), signed by President Biden on March 11, 2021, directed the Substance Abuse and Mental Health Services Administration (SAMHSA) to provide additional funds to support states through Block Grants to address the effects of the COVID -19 pandemic for Americans with mental illness and substance use disorders. The COVID-19 pandemic has exposed and exacerbated severe and pervasive health and social inequities in America, including the critical importance of supporting people with mental illness and substance use disorders.

INSTRUCTIONS

1. Complete the Summary and Expenditures section for ARPA funding plans. (See list below of SAMHSA provisions and recommendations.) 2. Complete Peer Pathfinders Transition from Incarceration Pilot, Crisis Services Set Aside, Peer Pathfinders, Addition of Certified Peer Counselors to Mobile Crisis Teams sections.

Submit completed project proposal plans by email to: Danny Highley Behavioral Health Program Manager Email: Danny.Highley@hca.wa.gov

Plans Due June 30, 2023

SAMHSA recommends states consider use of the ARPA MHBG funds to develop, enhance, or improve the following:

Crisis Systems

Develop partnerships with the emerging Suicide Lifeline (9-8-8) systems, Law Enforcement, EMS, health care providers, housing authorities, Housing and Urban Development (HUD) Continuum of Care, hospital systems, peer-based recovery organizations, and substance use specific treatment providers.

Crisis Services

Comprehensive 24/7 crisis continuum for children including screening and assessment; mobile crisis response and stabilization; residential crisis services; psychiatric consultation; referrals and warm hand-offs to home- and community-based services; and ongoing care coordination. Provide increased outpatient access, including same-day or next-day appointments, for those in crisis.

Infrastructure/Equipment MH Crisis Response Services

Improve information technology infrastructure, including the availability of broadband and cellular technology for providers, especially in rural and frontier areas; use of GPS, to expedite response times, and to remotely meet with the individual in crisis. Advance telehealth opportunities to expand crisis services for hard to reach locations, especially rural and frontier areas. Expand technology options for callers, including the use of texting, telephone, and telehealth. *Note: cannot use the funds to purchase any items for consumers/clients .*

Medication-Assisted Treatment

Develop medication-assisted treatment (MAT) protocols to assist children and adults who are in crisis, which may leverage telehealth when possible.

Assisted Outpatient Treatment (AOT) services

Expand Assisted Outpatient Treatment (AOT) services.
outpatient intensive Crisis Stabilization Teams to avert and address crisis.

Develop

MHBG ARPA Funding (expended by September 30,2025) Proposed Project Summaries and Expenditures				
BH ASO: Carelon- Southwest Region		Funding amount: \$731,800.00		
Category/Subcategory	Provide a plan of action for each supported activity	Proposed # Children with SED	Proposed #Adults with SMI	Proposed Total Expenditure Amount
SAMHSA ARPA Recommended Enhancements				\$73,587.60
Crisis System: Develop partnerships with the emerging Suicide Lifeline (9-8-8) systems, Law Enforcement, EMS, health care providers, housing authorities, Housing and Urban Development (HUD) Continuum of Care, hospital systems, peer-based recovery organizations, and substance use specific treatment providers.	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Crisis Services: Comprehensive 24/7 crisis continuum for children including screening and assessment; mobile crisis response and stabilization; residential crisis services; psychiatric consultation; referrals and warm hand-offs to home- and community-based services; and ongoing care coordination. Provide increased outpatient access, including same-day or next-day appointments, for those in crisis.	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Infrastructure/Equipment MH Crisis Response Services: Improve information technology infrastructure, including the availability of broadband and cellular technology for providers, especially in rural and frontier areas; use of GPS, to expedite response times, and to remotely meet with the individual in crisis. Advance telehealth opportunities to expand crisis services for hard to reach locations, especially rural and frontier areas. Expand technology options for callers, including the use of texting, telephone, and telehealth. <i>Note:cannot use the funds to purchase any items for consumers/clients.</i>	Begin writing here: Clark County Latino Youth Leadership in partnership with Welcome Home Health created YouthBHConnect. YouthBHConnect provides telehealth services to students <i>currently</i> in seven schools will be expanding to eleven schools by the end of 2024. Along with telehealth services they offer a one point of contact for families of the students and help access behavioral and medical health resources. The YouthBHConnect team assigned to a student will also help advocate for the youth and family when road block to services occur.	50	0	Enter budget allocation to this proposed activity \$73,587.60
Medication-Assisted Treatment: Develop medication-assisted treatment (MAT) protocols to assist children and adults who are in crisis, which may leverage telehealth when possible.	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Assisted Outpatient Treatment (AOT) services: Expand Assisted Outpatient Treatment (AOT) services. Develop outpatient intensive Crisis Stabilization Teams to avert and address crisis.	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Outcomes and Performance Indicators: "Outcomes and Performance Indicators: All providers will report on the following metrics monthly: • Current Month # of Unduplicated People/Youth Served • Current Month # of Services Provided • YTD # of Unduplicated People/Youth Served				
Engagement Services – Activities associated with providing evaluations, assessments, and outreach to assist persons diagnosed with SMI or SED, including their families, to engage in mental health services:				\$162,630.00
Assessment	Begin writing here: Klickitat County Behavioral Health services (BHS) will be expanding to provide capacity building for services in the county jail. BHS is currently a department under the Klickitat County Public Health Department (KCPHD). They will be providing assessment, medication management and referrals at the jail as needed.	45	0	Enter budget allocation to this proposed activity \$42,777.00
Specialized Evaluations (Psychological and Neurological)	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Service Planning (including crisis planning)	Begin writing here: Clark County Latino Youth Leadership in partnership with Welcome Home Health created YouthBHConnect. YouthBHConnect provides telehealth services to students <i>currently</i> in seven schools will be expanding to eleven schools by the end of 2024. Along with telehealth services they offer a one point of contact for families of the students and help access behavioral and medical health resources. The YouthBHConnect team assigned to a student will also help advocate for the youth and family when road block to services occur.	50	0	Enter budget allocation to this proposed activity \$50,076.00
Educational Programs	Begin writing here: CultureSeed offers youth outdoor immersion and mental health services in Skamania and Klickitat Counties. Providing peer circles, counseling, mentorship, and adventure trips. They also provide youth and their families with referral and support groups when needed.	50	20	Enter budget allocation to this proposed activity \$42,777.00
Outreach	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Brief Motivational Interviews	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Facilitated Referrals	Begin writing here: Klickitat County Behavioral Health services (BHS) will be expanding to provide capacity building for services in the county jail. BHS is currently a department under the Klickitat County Public Health Department (KCPHD). They will be providing assessment, medication management and referrals at the jail as needed.	60	0	Enter budget allocation to this proposed activity \$27,000.00
Warm Line	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Outcomes and Performance Indicators: "Outcomes and Performance Indicators: All providers will report on the following metrics monthly: • Current Month # of Unduplicated People/Youth Served • Current Month # of Services Provided • YTD # of Unduplicated People/Youth Served				
Outpatient Services – Outpatient therapy services for persons diagnosed with SMI or SED, including services to help their families to appropriately support them.				\$204,300.00
	Begin writing here: Clark County Latino Youth Leadership in partnership with Welcome Home Health created YouthBHConnect. YouthBHConnect provides telehealth services to students <i>current</i> in seven schools will be expanding to eleven schools by the end of 2024. Along with telehealth services they offer a one point of contact for	50	0	Enter budget allocation to this proposed activity \$85,410.00

Individual Evidenced-Based Therapies	Along with telehealth services they offer a one point of contact for families of the students and help access behavioral and medical health resources. The YouthBHConnect team assigned to a student will also help advocate for the youth and family when road block to services occur.			
Group Therapy	Clickitat County Behavioral Health services (BHS) will be expanding to provide capacity building for services in the county jail. BHS is currently a department under the Clickitat County Public Health Department (KCPHD). They will be providing assessment, medication management and referrals at the jail as needed.	20	0	Enter budget allocation to this proposed activity \$61,020.00
Family Therapy	Begin writing here: Clark County Latino Youth Leadership in partnership with Welcome Home Health created YouthBHConnect. YouthBHConnect provides telehealth services to students current in seven schools will be expanding to eleven schools by the end of 2024. Along with telehealth services they offer a one point of contact for families of the students and help access behavioral and medical health resources. The YouthBHConnect team assigned to a student will also help advocate for the youth and family when road block to services occur. Children's Home Society of Washington: Triple Point is a support group for youth 11-18 years old, identifying as lesbian, gay, bisexual, transgender, questioning and intersex (LGBTQ+). Providing a safe place for LGBTQ+ youth to make positive connections, learn about community resources, and receive support. They will be expanding their services to begin offering a multi-family group, for families of LGBTQ+ youth.	0	0	Enter budget allocation to this proposed activity \$57,870.00
Multi-Family Counseling Therapy	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Consultation to Caregivers	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Outcomes and Performance Indicators: "Outcomes and Performance Indicators: All providers will report on the following metrics monthly: • Current Month # of Unduplicated People/Youth Served • Current Month # of Services Provided • YTD # of Unduplicated People/Youth Served T B B				
Medication Services – Necessary healthcare medications, and related laboratory services, not covered by insurance or Medicaid for persons diagnosed with SMI or SED to increase their ability to remain stable in the community.				\$24,750.00
Medication Management	Begin writing here: Clickitat County Behavioral Health services (BHS) will be expanding to provide capacity building for services in the county jail. BHS is currently a department under the Clickitat County Public Health Department (KCPHD). They will be providing assessment, medication management and referrals at the jail as needed.	30	0	Enter budget allocation to this proposed activity \$24,750.00
Pharmacotherapy	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Laboratory Services	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Outcomes and Performance Indicators: "Outcomes and Performance Indicators: All providers will report on the following metrics monthly: • Current Month # of Unduplicated People/Youth Served • Current Month # of Services Provided • YTD # of Unduplicated People/Youth Served T B B				
Community Support (Rehabilitative) – Community-based programs that enhance independent functioning for persons diagnosed with SMI or SED, including services to assist their families to care for them.				\$124,052.40
Parent/Caregiver Support	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Skill Building (social, daily living, cognitive)	Begin writing here: Clark County Latino Youth Leadership in partnership with Welcome Home Health created YouthBHConnect. YouthBHConnect provides telehealth services to students current in seven schools will be expanding to eleven schools by the end of 2024. Along with telehealth services they offer a one point of contact for families of the students and help access behavioral and medical health resources. The YouthBHConnect team assigned to a student will also help advocate for the youth and family when road block to services occur. Lead Health Advocate	40	0	Enter budget allocation to this proposed activity \$90,770.40
Case Management	Begin writing here: Clickitat County Behavioral Health services (BHS) will be expanding to provide capacity building for services in the county jail. BHS is currently a department under the Clickitat County Public Health Department (KCPHD). They will be providing assessment, medication management and referrals at the jail as needed.	60	0	Enter budget allocation to this proposed activity \$33,282.00
Continuing Care	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Behavior Management	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Supported Employment	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Permanent Supported Housing	Begin writing here:			Enter budget allocation to this proposed activity

Permanent Supported Housing		0	0	\$0.00
Recovery Housing	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Therapeutic Mentoring	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Traditional Healing Services	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Facilitated Referrals	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Outcomes and Performance Indicators: "Outcomes and Performance Indicators: All providers will report on the following metrics monthly: • Current Month # of Unduplicated People/Youth Served • Current Month # of Services Provided • YTD # of Unduplicated People/Youth Served 				
Recovery Support Services – Support services that focus on improving the ability of persons diagnosed with SMI or SED to live a self-direct life, and strive to reach their full potential.				\$0.00
Peer Support	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Recovery Support Coaching	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Recovery Support Center Services	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Supports for Self-Directed Care	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Relapse Prevention/ Wellness Recovery Support	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Outcomes and Performance Indicators: "Outcomes and Performance Indicators: All providers will report on the following metrics monthly: • Current Month # of Unduplicated People/Youth Served • Current Month # of Services Provided • YTD # of Unduplicated People/Youth Served 				
Other Supports (Habilitative) – Unique direct services for persons diagnosed with SMI or SED, including services to assist their families to continue caring for them.				\$24,300.00
Personal Care	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Respite	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Support Education	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Transportation	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Assisted Living Services	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Trained Behavioral Health Interpreters	Begin writing here: Clark County Latino Youth Leadership in partnership with Welcome Home Health created YouthBHConnect. YouthBHConnect provides telehealth services to students current in seven schools will be expanding to eleven schools by the end of 2024. Along with telehealth services they offer a one point of contact for families of the students and help access behavioral and medical health resources. The YouthBHConnect team assigned to a student will also help advocate for the youth and family when road block to services occur. Lead Health Advocate	12	0	Enter budget allocation to this proposed activity \$24,300.00
Interactive communication Technology Devices	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00

<i>Outcomes and Performance Indicators:</i> "Outcomes and Performance Indicators: All providers will report on the following metrics monthly: • Current Month # of Unduplicated People/Youth Served • Current Month # of Services Provided • YTD # of Unduplicated People/Youth Served				
Intensive Support Services – Intensive therapeutic coordinated and structured support services to help stabilize and support persons diagnosed with SMI or SED.				\$0.00
Assertive Community Treatment	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Intensive Home-Based Services	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Multi-Systemic Therapy	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Intensive Case Management	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
<i>Outcomes and Performance Indicators:</i> "Outcomes and Performance Indicators: All providers will report on the following metrics monthly: • Current Month # of Unduplicated People/Youth Served • Current Month # of Services Provided • YTD # of Unduplicated People/Youth Served				
Out of Home Residential Services – Out of home stabilization and/or residential services in a safe and stable environment for persons diagnosed with SMI or SED.				\$0.00
Crisis Residential/Stabilization	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Adult Mental Health Residential	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Children's Residential Mental Health Services	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Therapeutic Foster Care	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
<i>Outcomes and Performance Indicators:</i> "Outcomes and Performance Indicators: All providers will report on the following metrics monthly: • Current Month # of Unduplicated People/Youth Served • Current Month # of Services Provided • YTD # of Unduplicated People/Youth Served				
Acute Intensive Services – Acute intensive services requiring immediate intervention for persons diagnosed with SMI or SED.				\$44,999.10
Mobile Crisis	Begin writing here: SeaMar Adult Mobile Crisis provides community based mobile behavioral health crisis intervention services in Clark County.	150	0	Enter budget allocation to this proposed activity \$44,999.10
Peer-Based Crisis Services	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
Urgent Care	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
23 Hour Observation Bed	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00
24/7 Crisis Hotline Services	Begin writing here:	0	0	Enter budget allocation to this proposed activity \$0.00

Outcomes and Performance Indicators: "Outcomes and Performance Indicators: All providers will report on the following metrics monthly: • Current Month # of Unduplicated People/Youth Served • Current Month # of Services Provided • YTD # of Unduplicated People/Youth Served				
Non-Direct Activities – any activity necessary to plan, carry out, and evaluate this MHBG plan, including Staff/provider training, travel and per diem for peer reviewers, logistics cost for conferences regarding MHBG services and requirements, and conducting needs assessments.				\$73,180.90
Workforce Development/Conferences	Begin writing here: 10% Admin	0	0	Enter budget allocation to this proposed activity \$73,180.90
Grand Total				\$731,800.00

MHBG ARPA Crisis Set Aside Funding (expended by September 30,2025) Project Summaries and Expenditures	Proposed
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BH ASO: Carelton- Southwest Region	Funding Amount:	\$231,660.00
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Category	Provide a brief plan of action for each supported activity.	Proposed # Children with SED	Proposed #Adults with SMI	Proposed Total Expenditure Amount
Crisis set aside: services include 24-hour-a-day emergency care services, mobile crisis, crisis line, and Designated Crisis Responders (DCR) services.				\$71,000.00
24-hour-a-day emergency care services	<i>Begin writing here:</i>	0	0	Enter budget allocation to this proposed activity \$0.00
Mobile Crisis Services	<i>Begin writing here: In all 3 regions (NC, SW, Pierce) Carelon has been engaging system partners to participate in the use of OpenBeds to expedite mobile crisis dispatch for adult, youth and DCR teams and for providers to create a more efficient system to notify partners and the community of service availability. The digital platform can facilitate quicker referrals and transfers of information in real time. Currently there are 28 agencies registered with OpenBeds across the 3 regions. The regional crisis line is using the platform to make referrals to mobile crisis teams in the SWWA region with a plan to bring all teams in the region online in 2023.</i>	150	0	Enter budget allocation to this proposed activity \$231,660.00
Crisis Lines	<i>Begin writing here:</i>	0	0	Enter budget allocation to this proposed activity \$0.00
Designated Crisis Responders (DCR) services	<i>Begin writing here:</i>	0	0	Enter budget allocation to this proposed activity \$0.00
Grand Total				\$231,660.00

MHBG ARPA Crisis Set Aside Funding (expended by September 30,2025)		Proposed
Project Summaries and Expenditures		
BH ASO: Carelon-Southwest Washington		Funding Amount: \$79,000.00
Category/Subcategory	Provide a plan of action for each supported activity	Proposed #Adults with SMI
Peer Pathfinders Transition from Incarceration		
Enhance jail transition programs intended to serve those who are exiting correctional facilities in Washington state who have a suspected Substance Use Disorder (SUD) and/or Behavioral Health (BH) conditions. SUD Peer Services begin prior to release to establish relationship and upon release to support the transition to needed services.	<i>Begin writing here: Lifeline Connections will be offering jail transitions services to those leaving incarceration with a Mental Health and/or SUD diagnosis. This will be offered through one peer pathfinder who will offer wrap around services to help the individual transition back into the community. This will include but is not limited to connection to treatment, housing, and employment services.</i>	48

**MHBG ARPA Addition of Certified Peer Counselors to Mobile Crisis Response Teams Funding
(expended by September 30,2025)
Proposed Project Summaries and Expenditures**

BH ASO: Carelon- Southwest Washington

Funding Amount: \$190,900.00

Category	Provide a brief plan of action for each supported activity.	Proposed # Children with SED	Proposed #Adults with SMI
Addition of CPC to MCR Teams	<i>Begin writing here: The Certified Peer Counselor (CPC) allocated within the Mobile Crisis Team will support and enhance the team's response by providing valuable peer support, empathy, and shared experiences to individuals in crisis. With expertise in crisis intervention and peer support, the CPC will offer unique insights and alternative coping strategies based on their own lived experiences. Their presence will help build trust, engagement, and reduce stigma in the community, encouraging individuals to seek help and access the Mobile Crisis Team's services. Overall, the CPC's role within the team ensures a more holistic and compassionate approach to crisis intervention, complementing the expertise of other team members and fostering resilience in those experiencing distress.</i>	0	150

MHBG ARPA Youth Inpatient Navigator Funding (expended by September 30,2025)
Proposed Project Summaries and Expenditures

BH ASO: Carelon- Southwest Washington

Funding Amount: \$330,000.00

Category	Provide a brief plan of action for each supported activity.	Proposed # Children with SED	Proposed #Adults with SMI
Youth Inpatient Navigator	<i>Begin writing here: The SWWA Youth Navigator Team, provided through Carelon, serves school aged youth and their families by supporting them in accessing the resources they need through consultation in community based multidisciplinary team meetings and case management. The team works with youth and families directly both virtually and in-person across the three counties. The program maintains a website where referrals to the program can be made as well as local youth and family resources in the area. Funding will be used to provide additional direct staff support to youth and families in the rural areas of SWWA and increase access to services through community engagement and outreach.</i>	360	0