

# SWWA Block Grant Request for Responses (RFR) Q&A Session

December 2025

# Agenda

---

Timeline & award information

---

Applicant eligibility

---

Eligible expenses & allowable activities

---

Target populations

---

Program evaluation

---

Selection criteria

---

Response questions

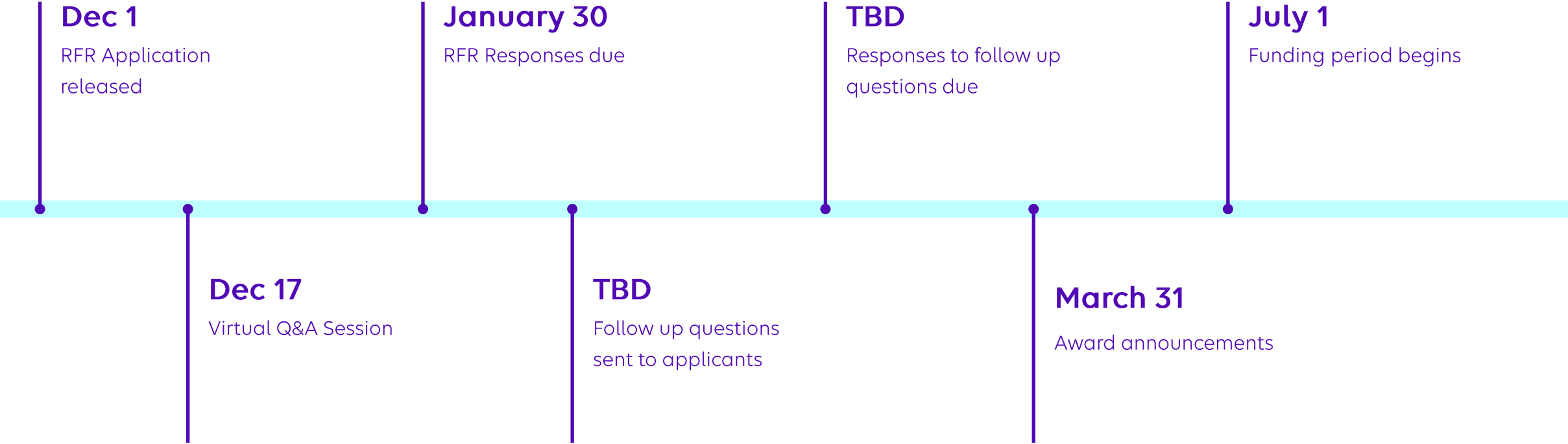
---

Q&A

---



# RFR Timeline



# Submissions

**Application Deadline: 11:59pm on January 30, 2025.**

Total response should not exceed **four pages**, not including Cover Page, Budget Worksheet and Services Worksheet

Submit responses to the following email address: [behavioralhealth\\_waaso@carelon.com](mailto:behavioralhealth_waaso@carelon.com)

Faxed, mailed, or in-person drop off applications will not be accepted.



# About Federal Block Grants

Block grants are Substance Abuse and Mental Health Services Administration (SAMHSA) grants given to states to allow them to address their unique behavioral health issues.

This RFR includes both Mental Health Block Grant (MHBG) and Substance Use Prevention, Treatment & Recovery Services Block Grant (SUPTRS) funding.

- **Mental Health Block Grant (MHBG)** - support the provision of comprehensive community mental health services for *adults diagnosed with Serious Mental Illness (SMI) and children diagnosed with Serious Emotional Disturbance (SED)*.
- **Substance Use Prevention, Treatment & Recovery Services Block Grant (SUPTRS)** - plan, implement, and evaluate activities for the *prevention, treatment, and recovery of substance abuse* for individuals not covered by Medicaid.



# Award Information

Allocation of MHBG and SABG Block Grant Funds → July 2026 – June 2029.

Estimated total available dollars per fiscal year:

- SABG = \$1,100,000
- MHBG = \$ 531,000

Contracts structured on the state fiscal year (July – June)

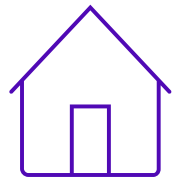
- Contingent upon continued funding from HCA.
- Carryover of unspent funds from one fiscal year to the next is not allowed.
- Funding allocations will be evaluated each fiscal year and contracts will be adjusted as needed.



# Application Eligibility



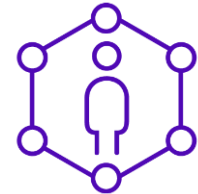
Be an organization  
and not an individual.



Serve residents in  
Klickitat, Skamania  
and/or Clark County.



Be in good standing if  
currently contracted  
with Carelon.



Be a Behavioral Health Agency  
if providing Behavioral Health  
Services to individuals.



# Eligible Expenses

Block Grant funds may only be used to fund any services for individuals living under 220% of the federal poverty level.

Block Grant funds may not be used for the following:

- Construction and/or renovation.
- Capital assets or the accumulation of operating reserve accounts.
- Equipment costs over \$5,000.
- Cash payments to Consumers

| Benefits                               | Services                   | Use Block Grant Funds | Use Medicaid |
|----------------------------------------|----------------------------|-----------------------|--------------|
| Individual is not a Medicaid recipient | Any Allowable Type         | Yes                   | No           |
| Individual is a Medicaid recipient     | Allowed under Medicaid     | No                    | Yes          |
| Individual is a Medicaid recipient     | Not Allowed under Medicaid | Yes                   | No           |



# Allowable Activities

## MHBG

Brief intervention  
Outpatient treatment  
Assertive community treatment  
Case management  
Interim services  
Community Outreach  
Crisis services  
Therapeutic interventions for children  
Transportation  
Childcare services  
Continuing education

## SUPTRS

Brief Intervention  
Withdrawal management  
Outpatient treatment  
Residential treatment  
Opiate substitution treatment  
Case Management  
Assessment  
Engagement and referral  
Opiate dependency outreach  
Interim services

## SUPTRS - continued

Outreach  
Crisis services  
Sobering services  
Therapeutic interventions for children  
Transportation  
Childcare services  
PPW housing support services  
Recovery support services  
Continuing education



# Priority Populations

## Mental Health Block Grant – Eligibility Criteria

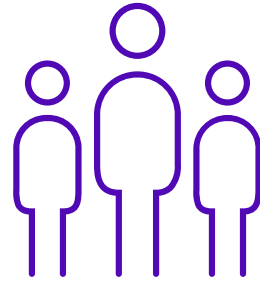
- Adults with Serious Mental Illness
- Children with Serious Emotional Disturbance

## Substance Use Prevention, Treatment & Recovery Services Block Grant (SUPTRS)

- Intravenous drug users
- Pregnant women and women with dependent children



# Community Priorities



Transportation services to access  
Behavioral Health services

Rural Behavioral Health resources

Behavioral Health services for at  
risk and homeless seniors



# Program Evaluation

Monthly Service Report

Annual Performance Report

Annual Independent Peer Review

One verbal report to SWWA Behavioral Health Advisory Board

Participate in annual fiscal review or audit

If applicable, submit [Behavioral Health Supplemental Data](#)



# Selection Criteria

1. Responses reviewed for completeness
2. Evaluation Committee scores responses
3. Weight will be given to proposals that fulfill a regional need

Minimums applied to overall funding allocations:

10% SUPTRS → services for PPW



# RFR Response Questions

| Category                                         | Who should respond                                                                            |
|--------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Required Questions                               | All organizations must provide a response to these questions.                                 |
| Supplemental Programmatic and Staffing Questions | Organizations requesting staffing or programmatic must provide a response to these questions. |
| Required Attachments                             | All organizations must include the required attachments.                                      |



# Required Questions

## Organization Overview

- Provide an overview of the organization, staffing structure, and programs/services provided
- Describe how continuing education for employees will be implemented.
- Indicate if the organization is a Faith-based organization (see Charitable Choice Requirements above).

## Priority Populations and Services

### Target Populations

- Describe the target population(s) you are expecting to serve.
- Describe the method to reach the target population(s) and ensure timely and appropriate access to care.

### Promoting Health Equity and Culturally Appropriate Care

- Describe how cultural competence is incorporated within the agency and services provided? Identify what efforts will be taken to measure progress.
- Provide one example demonstrating how services will enhance health equity among underserved populations.
- Describe ability to provide culturally and linguistically responsive care to serve and engage persons for whom English is not a primary language.

# Required Questions – cont'd

## Coordination of Services

### Children's Services

- If applicable, describe how integrated system of care services will be provided for children with SED with multiple needs, including: social services, educational services, juvenile services, and substance use disorder services.

### Outreach Services

- If applicable, provide a description of how outreach services will target individuals who are homeless and how community-based services will be provided to individuals residing in rural areas.

### Social Services

- Provide a description of how treatment services are coordinated with the provision of other appropriate services including health, social, correctional and criminal justice, education, vocational rehabilitation and employment services.

### **Faith-based organizations only** – Charitable Choice Requirements

- Provide description of how referrals to alternative service providers will be facilitated and tracked.

## Project Financial Feasibility

### Budget Narrative

- Provide a short description of the budget items included in the budget worksheet, including justification and rationale for cost estimates and ensuring that the budget worksheet and Services Worksheet are in alignment.

# Supplemental Programmatic & Staffing Questions

## Project Description

### Core Program Objectives

- Provide a minimum of one core program objective (maximum of three core program objectives).

### Project Description

- Provide a detailed description of the proposed project. Include what services will be provided, how many individuals will receive services, what days and times services will be provided, and where services will be delivered.

### Evidence-Based, Promising, or Emerging Practices

- Describe how the project will utilize evidence-based, promising, or emerging practices to serve program participants. Provide details on why these interventions were chosen and examples of how they will benefit program participants.

### Timeline

- Describe the timeline and at least three major milestones for implementing this project.
- Provide an estimated start date for services.

# Response Questions – Required Attachments

## Cover Page



### Exhibit A: COVER PAGE

#### Southwest Washington Mental Health and Substance Abuse Block Grant RFR

This portion of the RFR will not be scored. Please complete this form as part of your submission to the RFR and include answers for each requirement directly on this sheet. Please also include a copy of the organization's most current W-9 with the submission.

#### Organization Information

|                                                      |                                                          |
|------------------------------------------------------|----------------------------------------------------------|
| Legal Name of Organization:                          | Click or tap here to enter text.                         |
| DBA Name of Organization:                            | Click or tap here to enter text.                         |
| Organization Website:                                | Click or tap here to enter text.                         |
| Contact Name:                                        | Click or tap here to enter text.                         |
| Contact's Phone:                                     | Click or tap here to enter text.                         |
| Contact's Email:                                     | Click or tap here to enter text.                         |
| Mailing Address:                                     | Click or tap here to enter text.                         |
| City, State, ZIP:                                    | Click or tap here to enter text.                         |
| Tax Identification Number:                           | Click or tap here to enter text.                         |
| Organization is a licensed Behavioral Health Agency? | <input type="checkbox"/> Yes <input type="checkbox"/> No |

Project Title: Click or tap here to enter text.

#### Funding Requested:

Mental Health Funding Requested:

Annually: Annual funding requested  
Total for 3 years: Total funding requested.

Substance Use Funding Requested:

Annually: Annual funding requested  
Total for 3 years: Total funding requested

#### The Project is:

☐ New ☐ Enhancing or expanding an existing project ☐ Continuation of existing project/services

[carelon.com](https://www.carelon.com)

Request for Responses  
Southwest Washington Mental Health and Substance Use Prevention, Treatment and Recovery Services Block Grant

## Budget Worksheet

|                                                                                                                                                                                                                                 |               |               |       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|---------------|-------|
|                                                                                                                                                                                                                                 |               |               |       |
| Southwest Washington Region Block Grant RFR<br>July 1, 2026 - June 30, 2027<br>Mental Health Block Grant Budget Request                                                                                                         |               |               |       |
| Provider/Org Name:                                                                                                                                                                                                              |               |               |       |
| 1. Services (Outpatient Services)<br>Note: Expenses included here should be the full cost of delivering services. Do not include staffing or other operating expenses below for outpatient services identified in this section. |               |               |       |
| Service                                                                                                                                                                                                                         | Annual Amount | Total         |       |
|                                                                                                                                                                                                                                 | \$            | \$            | -     |
|                                                                                                                                                                                                                                 | \$            | \$            | -     |
|                                                                                                                                                                                                                                 | \$            | \$            | -     |
|                                                                                                                                                                                                                                 | \$            | \$            | -     |
|                                                                                                                                                                                                                                 | \$            | \$            | -     |
|                                                                                                                                                                                                                                 | \$            | \$            | -     |
| Sub-Total Services                                                                                                                                                                                                              | \$            | \$            | -     |
| 2. Staffing<br>Note: Administrative positions should not be included in staffing.                                                                                                                                               |               |               |       |
| Position                                                                                                                                                                                                                        | FTE           | Annual Salary | Total |
|                                                                                                                                                                                                                                 |               | \$            | \$    |
|                                                                                                                                                                                                                                 |               | \$            | \$    |
|                                                                                                                                                                                                                                 |               | \$            | \$    |
|                                                                                                                                                                                                                                 |               | \$            | \$    |
|                                                                                                                                                                                                                                 |               | \$            | \$    |
| Sub-Total Salaries                                                                                                                                                                                                              | 0.00          | \$            | \$    |
| Payroll Taxes & Benefits<br>Taxes & Benefits (percentage)                                                                                                                                                                       |               |               |       |
|                                                                                                                                                                                                                                 |               | \$            | \$    |
| Taxes & Benefits Cost                                                                                                                                                                                                           |               | \$            | \$    |
| Sub-Total Salaries, Taxes & Benefits                                                                                                                                                                                            |               | \$            | \$    |
| 3. Operating and Other Expenses (e.g. telephone, supplies, travel, etc.)<br>Note: Do not include overhead/admin expenses.                                                                                                       |               |               |       |
|                                                                                                                                                                                                                                 | Annual Amount | Total         |       |
|                                                                                                                                                                                                                                 | \$            | \$            | -     |
|                                                                                                                                                                                                                                 | \$            | \$            | -     |
|                                                                                                                                                                                                                                 | \$            | \$            | -     |
|                                                                                                                                                                                                                                 | \$            | \$            | -     |
|                                                                                                                                                                                                                                 | \$            | \$            | -     |
| Sub-Total Operating and Other Expenses                                                                                                                                                                                          | \$            | \$            | -     |
| 4. Overhead (Admin)<br>Admin Rate (percentage)                                                                                                                                                                                  |               |               |       |
|                                                                                                                                                                                                                                 |               | \$            | \$    |
| Sub-Total Admin Cost                                                                                                                                                                                                            |               | \$            | \$    |
| Summary of Expenses                                                                                                                                                                                                             |               |               |       |
| Services (Outpatient Services)                                                                                                                                                                                                  | Annual Amount | Total         |       |
| Staffing                                                                                                                                                                                                                        | \$            | \$            | -     |
| Operating and Other Expenses                                                                                                                                                                                                    | \$            | \$            | -     |
| Overhead (Admin)                                                                                                                                                                                                                | \$            | \$            | -     |
| TOTAL MENTAL HEALTH BLOCK GRANT BUDGET REQUEST                                                                                                                                                                                  |               | \$            | \$    |

## Services Worksheet

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|-------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
| Southwest Washington Region Block Grant RFR<br>July 1, 2026 - June 30, 2027<br>Substance Use Prevention, Treatment and Recovery Service Block Grant Estimated Services<br>Provided in Year 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                               |                               |
| Provider/Org Name:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                               |                               |
| Prevention & Wellness<br>Preventive services such as drug use prevention and early intervention, are critical components of wellness.<br>Therapy, Therapeutic Management, Women with Unborn Children (WUHC)<br>Other Information<br>Group Counseling<br>Substance Screening                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                               |                               |
| Proposed #<br>FY26 Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Proposed Total<br>Expenditure |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
| Engagement Services<br>Assessment/Intervention services are provided to SUD to determine appropriateness of admission level of care. Education Services may include information and referral services regarding available resources, information and training concerning availability of services and other supports. Educational programs can include parent training, impact of substance use on children, anxiety symptoms and management, and stress management and reduction. Education services may be made available to individuals, groups, organizations, and the community in general. This is different than self-help. Treatment services must meet the criteria as set forth in Chapter 24B-341 WAC.<br>Assessment<br>Engagement and Referral<br>Treatment Services<br>Educational Programs |                               |                               |
| Proposed #<br>FY26 Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Proposed Total<br>Expenditure |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
| Outpatient Services<br>Services provided in a non-residential SUD treatment facility. Outpatient treatment services must meet the criteria as set forth in Chapter 24B-341 WAC.<br>Individual Substance-Related Therapy<br>Group Therapy<br>Family Therapy<br>Multisystemic Therapy (MST)<br>Medication-Assisted Therapy (MAT) - Opioid Substitution Treatment                                                                                                                                                                                                                                                                                                                                                                                                                                           |                               |                               |
| Proposed #<br>FY26 Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Proposed Total<br>Expenditure |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
| Community Support (Rehabilitation)<br>General of support and treatment services focused on enhancing independent functioning<br>Case Management<br>Recovery Planning<br>Supportive Employment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                               |                               |
| Proposed #<br>FY26 Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Proposed Total<br>Expenditure |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
| Other Support (Rehabilitation)<br>Structured services provided in segments of less than 24 hours using a multi-disciplinary team approach to develop treatment plans that vary in intensity of services and the frequency and duration of services based on the needs of the client.<br>PMH Housing Support Services<br>Recovery Education<br>Crisis Intervention<br>Crisis-Related Support                                                                                                                                                                                                                                                                                                                                                                                                              |                               |                               |
| Proposed #<br>FY26 Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Proposed Total<br>Expenditure |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
| Intensive Support Services<br>Services that are therapeutically intensive, coordinated and structured group-oriented. Services address acute crisis and clinical conditions, utilizing recovery principles to help return individuals to less intensive outpatient, case management, and/or other recovery-based services.<br>Residential Intervention Services for Children<br>Substance Services                                                                                                                                                                                                                                                                                                                                                                                                       |                               |                               |
| Proposed #<br>FY26 Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Proposed Total<br>Expenditure |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
| Crisis/Therapeutic Residential Services<br>24-hour crisis, inpatient, or residential services that are either provided in a residential facility, a dedicated residential facility, or a self-directed life, and allow for some individuals who are not able to live in their own homes. Treatment services must meet the criteria as set forth in Chapter 24B-341 WAC.<br>Crisis/Therapeutic Residential Management<br>Crisis/Therapeutic Residential Stabilization<br>Intensive Residential Residential Treatment<br>Crisis/Therapeutic Residential Treatment<br>Residential/Therapeutic Residential Treatment<br>Residential/Therapeutic Treatment                                                                                                                                                    |                               |                               |
| Proposed #<br>FY26 Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Proposed Total<br>Expenditure |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
| Acute Intensive Services<br>24-hour emergency services that provide acute care to clients. The range of emergency services available must include direct contact with clinicians, medical observation, and coordination. Services must meet the criteria as set forth in Chapter 24B-341 WAC.<br>Crisis/Therapeutic Residential Stabilization<br>Crisis/Therapeutic Residential Treatment<br>Crisis/Therapeutic Residential Treatment<br>Crisis/Therapeutic Residential Treatment                                                                                                                                                                                                                                                                                                                        |                               |                               |
| Proposed #<br>FY26 Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Proposed Total<br>Expenditure |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
| Recovery Supports<br>A process of change through which individuals improve their health and well-being, live a self-directed life, and allow themselves to fulfill potential. Recovery emphasizes the value of health, hope, purpose, and community to support recovery.<br>Recovery Services<br>Transportation for PMH<br>Transportation<br>Crisis Services                                                                                                                                                                                                                                                                                                                                                                                                                                             |                               |                               |
| Proposed #<br>FY26 Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Proposed Total<br>Expenditure |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
| Other SUD Activities<br>Coordinating education/training, based on cost for conferences regarding SUD services, etc.<br>Continuing education, conferences, etc.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                               |                               |
| Proposed #<br>FY26 Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Proposed Total<br>Expenditure |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               |                               |
| TOTAL ESTIMATE \$UBSTANCE ABUSE BLOCK GRANT SERVICES PROVIDED                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                               | Proposed #<br>FY26 Services   |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               | Proposed Total<br>Expenditure |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                               | 0 \$ -                        |

# Thank you!

 <https://wa.carelonbehavioralhealth.com/>

 [behavioralhealth\\_waaso@carelon.com](mailto:behavioralhealth_waaso@carelon.com)

